

# FIVE FAST FACTS FOR FRIDAY

## County Family Support Organizations (FSO)



- FSO's are free county-based organizations that provide direct family-to-family peer support, education, advocacy and other services to family members of children (under 21) with intellectual & developmental disabilities, mental health issues and substance abuse disorders.
- Every county in New Jersey has a local FSO.
- All FSOs offer a variety of support groups and educational workshops for family members on issues relating to children with intellectual & developmental disabilities, mental health issues and substance abuse disorders.
- The FSO works directly with youth ages 12-21 who have been involved with the mental health, developmental disability, juvenile justice, or child welfare systems. This program entitled "Youth Partnership" provides a forum for youth to share their experiences. The Youth Partnership members are committed to making a difference through community service.
- To find out more, call 1-877- 652-7624.