

# A ROADMAP TO YOUR COUNTY RESOURCES

## ALL AGES

### The Arc of New Jersey Family Institute

[www.thearcfamilyinstitute.org](http://www.thearcfamilyinstitute.org)

Lisa Ford - (732) 828-2022

### The Arc of Essex County

[www.arcessex.org](http://www.arcessex.org)

Joseph Calabrese

Family Support Staff

[jcalabrese@arcessex.org](mailto:jcalabrese@arcessex.org)

### Health Care Advocacy

<https://bit.ly/healthcare-advocacy>

Connor Griffin

[cgriffin@arcnj.org](mailto:cgriffin@arcnj.org)

(732) 246-2567

### Special Olympics New Jersey

[www.sonj.org](http://www.sonj.org)

(609) 896-8000

### PerformCare

State services for children with intellectual and developmental disabilities under 21. Call 24/7

[www.performcarenj.org](http://www.performcarenj.org)

1-877-652-7624

### Family Support Organization of Essex County (FSO)

FSO's provide peer support, education, advocacy and other services to family members of children with emotional and behavioral needs, substance abuse issues and/or developmental disabilities.

<https://www.fsoec.org/index.php>

973-395-1441

### Planning For Adult Life

[www.planningforadulthood.org](http://www.planningforadulthood.org)

[helpdesk@planningforadulthood.org](mailto:helpdesk@planningforadulthood.org)

(732) 828-0972

### Learning Resource Centers (LRC)

The LRC staff provides regional in-service workshops, training institutes, statewide conferences, consultations, LRC orientations, and technical assistance to educators and parents of students with disabilities.

<https://www.state.nj.us/education/lrc/>

<https://lrcnorth.goalexandria.com/>

E: [lrcnorth.order@doe.nj.gov](mailto:lrcnorth.order@doe.nj.gov)

(973) 414-4491

### Special Child Health Services (SCHS) Of Essex County

SCHS Case Managers provide free case management services to youth under 21 with complex, long-term medical and developmental disabilities.

[bit.ly/schscasemanagers](http://bit.ly/schscasemanagers)

Mirna Osorto, Unit Coordinator

[mosorto@dchs.essexcountynj.org](mailto:mosorto@dchs.essexcountynj.org)

Phone: 973-395-8836

### Office of Special Education

[www.nj.gov/education/special-ed/](http://www.nj.gov/education/special-ed/) . (609) 376-9060

## OVER 18

### Division of Vocational and Rehabilitation Services (DVRS)

<https://bit.ly/3sscVyB>

### DVRS Field Office of Essex County

(973) 648-3494

### Division of Developmental Disabilities (DDD)

State services for adults with intellectual and developmental disabilities over 21. [bit.ly/dddnj](http://bit.ly/dddnj)

### DDD Essex Community Services Office

(973) 693-5080

## OVER 21

THE ARC OF ESSEX COUNTY