

# FIVE FAST FACTS FOR FRIDAY

## State Health Insurance Assistance Program (SHIP)

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- The State Health Insurance Assistance Program (SHIP) provides free help to New Jersey Medicare beneficiaries who have problems with, or questions about their health insurance.
- SHIP is a statewide program administered by the New Jersey Department of Human Services with financial assistance through a grant from the U.S. Administration for Community Living.
- Volunteer counselors, trained in areas of health insurance coverage and benefits that affect Medicare beneficiaries, provide information and assistance for dealing with claims and in evaluating health insurance options.
- Volunteer counselors do not provide legal advice, sell, recommend, endorse any specific insurance product, agent, insurance company or plan. They provide information and assistance so that you can make your own decisions. Counseling is free of charge.
- Local Offices or  
SHIP Information Center 1-800-792-8820  
<http://www.state.nj.us/humanservices/doas/home/sashipsite.html>