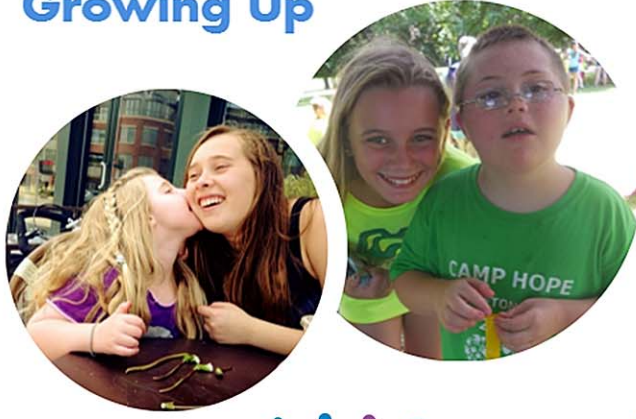


How does having a sibling with a disability affect

# GIRLS & WOMEN?

## Growing Up



Siblings of children with disabilities are **3** times more likely to:

Feel Sad, Nervous or Afraid

Have Difficulties at School

Have a Functional Impairment

PEDIATRICS, Vol. 132, No. 2, August, 2013

Nationwide, there are more than 1.3 million child caretakers serving sick or disabled siblings, parents, or aging relatives.



National Alliance for Caregiving, 2005

**wisconsibs**  
Sisters & Brothers of People with Disabilities

## Growing Closer

Family caregivers are the largest source of long term care services in the U.S.

American Assoc. on Intellectual and Development Disabilities, 2015



The need for family caregivers continues to rise while families become smaller. Two thirds of U.S. adults expect to be caregivers in the future.

Opinion Research Corporation, 2005



Sisters, mostly oldest sisters, are more involved in the care of their siblings.

This responsibility is usually permanent.

Olsen (1999); Dyson, 2010; Lobato (1990)



## Growing Older

Adult

## SIBLINGS

Adult siblings become the next generation of caregivers when parents are no longer able. Most often, the oldest female sibling becomes the caregiver.

Journal of Policy and Practice in Intellectual Disabilities, 7, 16-25



Having a sibling with a disability means planning and saving for your sibling's future, as well as your own.

Women caregivers are **2.5** times more likely to live in poverty and **5**

times more likely to receive Supplemental Security Income (SSI).

Rice University Health and Retirement Study, 1992-2004



**76%** of sibling caretakers make less than \$50,000/year

Sonik, Parish & Rosenthal (2016)