

31 HELPFUL APPS FOR INDIVIDUALS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES



JANUARY 2025



<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>	<u>SAT</u>	<u>SUN</u>
		1 <u>Goally</u>	2 <u>CoPilot</u>	3 <u>Visual Schedule Builder</u>	4 <u>Choiceworks</u>	5 <u>Good Karma Apps</u>
6 <u>Visual Schedule App HD</u>	7 <u>Tiimo</u>	8 <u>Visual Daily Schedule</u>	9 <u>Structured Daily Planner</u>	10 <u>Cozi Family Organizer</u>	11 <u>Evernote</u>	12 <u>Evelity</u>
13 <u>Breathe2Relax</u>	14 <u>Red Panic Button</u>	15 <u>Be My Eyes</u>	16 <u>Proloquo2Go</u>	17 <u>Access Now</u>	18 <u>FuelService</u>	19 <u>Legere Reader</u>
20 <u>Articulation Station</u>	21 <u>Choiceworks</u>	22 <u>JABtalk</u>	23 <u>ModMath</u>	24 <u>Otsimo</u>	25 <u>Seeing AI</u>	26 <u>Speak for Yourself</u>
27 <u>Todo Math</u>	28 <u>Wheelmate</u>	29 <u>Remember The Milk</u>	30 <u>Medisafe</u>	31 <u>Stop, Breathe, Think</u>		