

Putting A Spotlight On...

Tardive Dyskinesia

What is Tardive Dyskinesia?

- Tardive Dyskinesia is a movement disorder characterized by uncontrollable, abnormal, and repetitive movements of the face, torso, and/or other body parts.

What are the signs/symptoms?

- Symptoms include:
 - Orofacial dyskinesia or oro-bucco-lingual dyskinesia: Uncontrolled movements in the face - namely lips, jaw, or tongue. You might:
 - Stick out your tongue without trying
 - Blink your eyes fast
 - Chew
 - Smack or pucker your lips
 - Puff out your cheeks
 - Frown
 - Grunt
 - Dyskinesia of the limbs: It can also affect arms, legs, fingers, and toes. That can cause you to:
 - Wiggle your fingers
 - Tap your feet
 - Flap your arms
 - Thrust out your pelvis
 - Sway from side to side

What is Tardive Dyskinesia a result of?

- Tardive Dyskinesia is a result of prolonged use of treatments that block dopamine receptors in the brain.

What are the complications of Tardive Dyskinesia?

- occupational impairment
- social stigmatization
- increased mortality
- suicide

References:

- [Science Direct](#)
- [NINDS](#)
- [WebMD](#)

