

31 HOLIDAY & WINTER ACTIVITIES FOR INDIVIDUALS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

DECEMBER 2024

MON

TUE

WED

THU

FRI

SAT

SUN



						1 Go Caroling
2 Make a Paper Spinner	3 Make Snow Angels	4 DIY Stress Ball	5 Make Caramel Apples	6 Bake Holiday Cookies	7 Holiday Movie Marathon	8 String Popcorn
9 Make Peppermint Hot Chocolate	10 Visit a Tree Farm	11 Build a Gingerbread House	12 Make a Family/Friend Photo Album	13 Make Homemade Candy Canes	14 Make a No-Sew Stocking	15 Build a Pillow Fort
16 Make Edible Peanut Butter Clay	17 Bake Star of David Cookies	18 Make a Holiday Sensory Bottle	19 Adopt an Elf on the Shelf	20 Share Your Favorite Holiday Memories	21 Make Snow Foam	22 Prepare Holiday Side Dishes
23 Have a Picnic Under the Christmas Tree	24 Create a Holiday Wreath	25 Make Snowman Playdough	26 Make Pinecone Bird Feeders	27 Volunteer	28 Make Pom Poms	29 Write a Letter to Santa
30 Make Snowflakes	31 Visit Your Local Library & Read Holiday Books					

