

# 31 FALL ACTIVITIES FOR INDIVIDUALS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES



## OCTOBER 2024

MON	TUE	WED	THU	FRI	SAT	SUN
	<b>1</b> <u>Take a Scenic Train Ride</u>	<b>2</b> Leaf Scavenger Hunt	<b>3</b> Paint Pumpkins	<b>4</b> <u>Make a Gratitude Tree</u>	<b>5</b> <u>Go for a Nature Walk</u>	<b>6</b> Volunteer at a Food Bank
<b>7</b> <u>Attend a Fall Festival</u>	<b>8</b> Enjoy a Fall Scented Candle	<b>9</b> <u>Fall Sensory Bin</u>	<b>10</b> <u>Autumn Themed Jigsaw Puzzle</u>	<b>11</b> Go Apple Picking	<b>12</b> Make Caramel Apples	<b>13</b> Have a Bonfire
<b>14</b> Take Photos Outside	<b>15</b> <u>Go Horseback Riding</u>	<b>16</b> Watch Football	<b>17</b> <u>Go to a Petting Zoo</u>	<b>18</b> <u>Have a Movie Night</u>	<b>19</b> Bake a Pie	<b>20</b> <u>Visit a Pumpkin Patch</u>
<b>21</b> Go Camping	<b>22</b> Read Your Favorite Book	<b>23</b> Go on a Hayride	<b>24</b> <u>Visit a Farmer's Market</u>	<b>25</b> <u>Make Crafts with Leaves</u>	<b>26</b> Collect Acorns	<b>27</b> Make a Fall Bucket List
<b>28</b> <u>Press Flowers</u>	<b>29</b> <u>Make Halloween Decorations</u>	<b>30</b> Carve Pumpkins	<b>31</b> <u>Make a Simmer Pot</u>			

