



What's Next?

Preparing for Life after School While
Your Child is Still in School
Laura Leibowitz M.Ed





Meet Your Presenter!

Laura Leibowitz M. Ed.

- NJ certified special education teacher
- 30+ years high school special education teacher- self contained programs for students with intellectual disabilities and multiple disabilities ages 14-21, resource room program for students with learning disabilities, ADHD and emotional concerns
- Assistant director Camp Lee Mar a residential sleepaway camp for children ages 8-21 www.leemar.com
- AttachAVI Autism Foundation <https://www.attachaviautism.org/>
- Adult support worker with adults living in supervised apartments
- Mom of three children 29 , 23 and 15, (one IEP and a 504 student)

The Journey: General Outlook and Approach-

2-5-10 Rule

The presentation

1. Traditional Education : Suggestions for academic /school based skills
2. Community Based Instruction and Field Trips
3. Transition and the IEP
4. Life Outside of School
5. Connecting with Programs
6. Parent interview
7. Adult program interview

Education: What to do While your Child is Still in School and Receiving a Formal Education

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Education - What should we do while our child is still in school?

Computer Literacy and Technical Skills

Literacy

Written Expression

Math and Financial Literacy

Science/Health

Social Studies/Civics

Community Based Instruction

Education: What to do while your child is still in school and receiving a formal education

Computer Literacy and Skills

Online shopping - Buyer Beware

Remember those passwords!

Internet etiquette

Education: What
to do while your
child is still in
school and
receiving a
formal education

Literacy

It's all around us!

Look for the words, wherever you are!

Touch screen orders

Education: What to
do while your
child is still in
school and
receiving a
formal education

Written Expression

Sign in Please!

Education: What
to do while your
child is still in
school and
receiving a
formal education

Mathematics and Financial Literacy

Calendar and Time Management



Education: What to do while your child is still in school and receiving a formal education



Science /Health/Self Care

Education: What to do while your child is still in school and receiving a formal education

Social Studies

[News 2 You Modified Newspaper](#)

Civics Self Advocacy

Public speaking

Choice and decision making

<https://www.adacil.org/nj-disability-pride-in-the-park>



Community Based Instruction

<https://www.state.nj.us/education/specialed/transition/CBIVideo.shtml>

CBI: In and Out of school

In School:

Craft and leisure skills

Cooking

Cleaning

Pet and Plant care

Pre vocational experiences

CBI: Craft and Leisure Skills



Arts and Crafts are a great outlet for after school and free time. Encourage hobbies, collections and interests. Of course it is great practice for fine motor and OT skills as well.

CBI: Cooking and Housekeeping Skills



Practice at home and school

Easy safe repeated and delicious

Set routine - a few chores per room
increase responsibilities over time

CBI: Pet and Plant Care



Great opportunities for responsibility

Potential work experience



CBI: Pre Vocational Experiences

*Never underestimate
the energy drive and creativity
of special needs parents and teachers in
partnership!*

<https://www.ability2work.org/>

<https://www.nolimitscafe.org/>

<https://www.bittyandbeauscoffee.com/>

<https://tinyurl.com/wccagmm>

CBI Field Trips Outings and Instruction

Community-based instruction is a research-based practice that involves the use of sustained and repeated instructional activities that take place in various natural community environments outside of the school building, in order to facilitate skill development and generalization in employment, community activities (e.g. shopping, banking, post office use) and recreation while addressing rigorous educational standards.

Memorandum From: Peggy McDonald Executive OSEP NJ

To: Directors of Special Education Administrators of a State Facility Charter School and Renaissance School Project Lead Persons Administrators of an Approved Private School for the Disabled

(September 1 2015)

Transition: After High School

14-21

18-21

[Transition from School to Adult Life](#)

Transition Academic Skills

- Completing an interview
- Writing a resume
- Filling out a job application
- Job readiness skills
- “On-the-job” training with a job coach
- Take an alum out to lunch!

Outside of School

Clubs and Activities

Daily Living

Summer Camp and
Recreation

Career/Vocational

Further Education



The Y.™ For a better us.

Programs INC. (n.d.). Retrieved April 13, 2020, from
<https://www.meadowlandsymca.org/main/programs-inc/>



Disabilities Awareness - Serving Scouts With Disabilities. (n.d.).
Retrieved from
<https://www.scouting.org/resources/disabilities-awareness/>

Options for Higher Education

<https://thinkcollege.net/>

This website identifies college programs for students with intellectual disabilities.

<https://www.pacer.org/transition/learning-center/postsecondary/college-options.asp>

This website identifies inclusive college programs as well as lot of great transition information and it is a national site.



Connecting to Programs

Education - Related Services - Day Programs

NJ ARC

[The Arc of New Jersey | Developmental Disabilities Services & Support](#)

DDD - Division of Developmental Disabilities

[Department of Human Services | Division of Developmental Disabilities](#)

DVR - Division of Vocational Rehabilitation

[Vocational Rehabilitation Services](#)

In Conversation

Parent Interview

- Best part of your children's education
- Traditional education
- What was missing
- Message for your child's teachers today



Day Program Supervisor

Interview and Words of Wisdom

Differences between school and day programs

Ratios Prompting

Related Services

Site visits

Help

Resources

www.leemar.com A residential summer camp for children with special needs in the Pocono Mountains of Pennsylvania

<https://www.understood.org/> This is a useful and parent friendly website with great information for parents, students and educators

<https://www.n2y.com/> This is a website and software program that is academically accessible for a wide range of learners, covers a lot of academic content and is age appropriate . It needs to be purchased and is geared for the classroom. However in the summer they offer free two months of content. They have also been very helpful during this period of remote learning.

<http://rwjms.rutgers.edu/boggscenter/> Developmental Disabilities: research, trainings, This is a great resource for all things Developmental Disabilities right here from NJ. I have learned so much from their website and trainings. They are a wonderful research facility.

<https://ici.umn.edu/products/impact/232/3.html> Sexuality and teens with ID An somewhat scholarly but accesible article on the importance of instruction of human sexuality for teens with intellectual disability, it includes specifics tips for parents.

<https://www.adacil.org/nj-disability-pride-in-the-park> New Jersey Disability Pride Parade This is an annual event which showcases talent of people with disabilities as well as a great resource fair with many state agencies in attendance

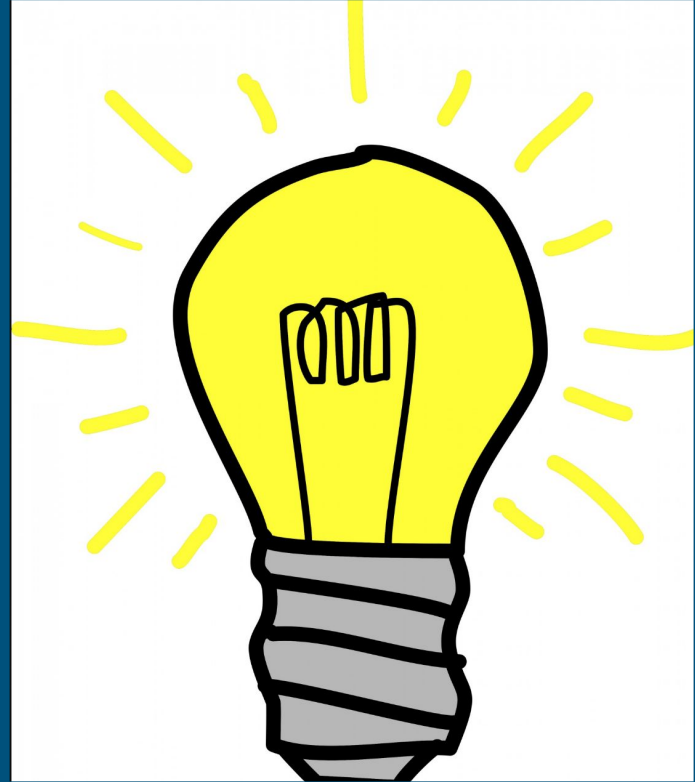
Spoiler Alert:

Next Steps:

YOU are the hero of this story!

Crystal Ball:

The future is bright!



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DISCLAIMER

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