



# College Programs and Support Services for Students with Intellectual and Developmental Disabilities

<b>What are College Programs?</b>	They are specifically designed programs for students with intellectual and developmental disabilities (I/DD) that provide more in depth services and accommodations.
<b>What are College Support Services?</b>	These are resources available at no cost for students with disabilities. Support services include reasonable accommodations, such as: note takers, extended time and preferential seating.
<b>How can I register with the Office of Special Services on a college campus?</b>	The Office of Special Service provides continuing support to students with documented disabilities. Various support services are available to students according to their individual needs. The office is available to help students make a smooth transition to college as well as to succeed throughout their college experience. If students plan to apply for academic accommodations it's important to learn about the college's procedures in advance so you can receive assistive services and tools before class begins. Staff is available for individual appointments for academic counseling, scheduling, advisement, advocacy issues and determination of reasonable accommodations.

Self-Advocacy Skills	Supports and Services	Possible Ways to Finance	Before and At an IEP Meeting
<p>Self-advocacy involves effective communication. Using assertive communication to advocate for our wants and needs can help us achieve our goals, help us feel good about ourselves, develop positive relationships with others built on respect and support our decision-making abilities.</p> <p>Here are some tips to help individuals communicate assertively.</p> <ul style="list-style-type: none"> <li>• Be conscious of your tone of voice. Be firm and calm but nice.</li> <li>• Stick to the facts.</li> <li>• Be respectful of others' opinions and feelings.</li> <li>• Use appropriate body language such as make eye contact, face the individual you are talking with and have a pleasant but serious facial expression.</li> <li>• Listen to the individual you are talking with about their opinions or feelings.</li> </ul> <p><a href="http://www.going-to-college.org/myplace/plan.html">www.going-to-college.org/myplace/plan.html</a></p>	<p>Sharing your disability status with your college is completely optional, but you will need to disclose this information if you wish to receive academic accommodations. This gives the college administration the information and time they need to arrange for accommodations and services for your classes. Some examples:</p> <ul style="list-style-type: none"> <li>• Note takers, proofreaders</li> <li>• Textbooks in alternative form such as large print or audiobooks</li> <li>• Access to educational materials in advance, such as class syllabus and study guides</li> <li>• Test taking alternatives such as; extended time or alternate test site</li> </ul> <p><b>** Please note **</b> A modification changes what a student is taught or expected to learn. Accommodations can help students learn the same material and meet the same expectations as their classmates.</p>	<ul style="list-style-type: none"> <li>• Division of Vocational and Rehabilitation Services (DVRS)</li> <li>• Federal Financial Aid</li> <li>• Medicaid Waiver</li> <li>• Individuals with Disabilities Education Act 2004</li> <li>• Social Security Administration Work Incentives (SSA)</li> <li>• Scholarships - <a href="http://bit.ly/2CWyvTu">bit.ly/2CWyvTu</a></li> <li>• Developmental Disability State Agencies Example: DDD</li> <li>• Tuition Waiver</li> <li>• State Initiatives</li> <li>• Free Application For Federal Student Aid (FAFSA)</li> <li>• ABLE Accounts</li> <li>• 529 College Fund</li> </ul> <p>For more information about financing college, visit: <a href="https://thinkcollege.net">https://thinkcollege.net</a></p> <p><b>** Type all links exactly as shown including any capital and lowercase letters, and numbers. **</b></p>	<p><b>Before the meeting:</b></p> <ul style="list-style-type: none"> <li>• Understand the purpose of the meeting</li> <li>• Know who will be there and their role at the meeting</li> <li>• Review the IEP from last meeting</li> <li>• Understand the goals listed on the report</li> <li>• Practice saying how the goals were accomplished</li> <li>• Establish new goals</li> </ul> <p><b>At the meeting:</b></p> <ul style="list-style-type: none"> <li>• Summarize the goals and Accomplishments</li> <li>• State new goals</li> <li>• Ask for ideas and feedback</li> <li>• Know what support will be needed to accomplish goals and ask for it!</li> <li>• Give examples of the types of support that have been successful in the past.</li> <li>• ASK QUESTIONS!</li> </ul> <p>For information about Transition Services, download our fact sheet at: <a href="http://bit.ly/fifactsheets">bit.ly/fifactsheets</a></p>