

31 WINTER ACTIVITIES FOR INDIVIDUALS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES



DECEMBER 2023

MON	TUE	WED	THU	FRI	SAT	SUN
				1 <u>Make Snowflakes</u>	2 <u>Create a Holiday Wreath</u>	3 <u>Write a Letter to Santa</u>
4 <u>Prepare Holiday Side Dishes</u>	5 <u>Make a Holiday Sensory Bottle</u>	6 <u>Volunteer</u>	7 <u>Make Caramel Apples</u>	8 <u>Bake Holiday Cookies</u>	9 <u>Holiday Movie Marathon</u>	10 <u>String Popcorn</u>
11 <u>Make Peppermint Hot Chocolate</u>	12 <u>Visit a Tree Farm</u>	13 <u>Build a Gingerbread House</u>	14 <u>Make a Family/Friend Photo Album</u>	15 <u>Adopt an Elf on the Shelf</u>	16 <u>Make a No-Sew Stocking</u>	17 <u>Make Snowman Playdough</u>
18 <u>Make Edible Peanut Butter Clay</u>	19 <u>Make Homemade Candy Canes</u>	20 <u>Make Snow Angels</u>	21 <u>Go Caroling</u>	22 <u>Share Your Favorite Holiday Memories</u>	23 <u>Make Snow Foam</u>	24 <u>Have a Picnic Under the Christmas Tree</u>
25 <u>Build a Pillow Fort</u>	26 <u>Bake Star of David Cookies</u>	27 <u>DIY Stress Ball</u>	28 <u>Make Pinecone Bird Feeders</u>	29 <u>Make a Paper Spinner</u>	30 <u>Make Pom Poms</u>	31 <u>Make a Fairy Glow Jar</u>