

A Step by Step Process to Applying for NJ Division of Developmental Disabilities and Accessing DDD Services

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The Arc of New Jersey Family Institute

The Arc of New Jersey Family Institute was established in 2014 to provide support for individuals and their families navigating the system. We assist individuals with intellectual and developmental disabilities (I/DD) and their families, from birth through adulthood. We are dedicated to providing timely information and bridging the gap between service change and families, by providing information, education on services, transition, systems issues, and much more.

We help with:

- ▶ Resource and Referral
- ▶ Individual Advocacy
- ▶ Systems Advocacy



Resource and Referral

- ▶ Go Bags- ex: guardianship/IEP
- ▶ Webinars
- ▶ Podcasts
- ▶ Presentations
- ▶ Fact Sheets
- ▶ Problem Form
- ▶ The Family Advocate
- ▶ Fireside Chats
- ▶ Calendars



- ▶ Action Alerts
- ▶ Individuals Advocacy
- ▶ Systems Advocacy
- ▶ Five Facts For Friday
- ▶ County Roadmap
- ▶ Education Advocacy
- ▶ College Tours
- ▶ <https://www.thearcfamilyinstitute.org/resources/helpful-guides.html>

The Arc of New Jersey Programs

- ▶ Criminal Justice Advocacy program
- ▶ Project HIRE
- ▶ Self-Advocacy Project
- ▶ Governmental Affairs
- ▶ Healthcare Advocacy
- ▶ Camp Jaycee
- ▶ Planning For Adult Life
- ▶ Children's Advocacy
- ▶ <https://www.arcnj.org/>



What is the Division of Developmental Disabilities (DDD)?

- ▶ It is housed within the Division of Human Services.
- ▶ It is the New Jersey state agency that can provide supports and services to individuals 21 years of age or older with intellectual and developmental disabilities.

DDD Website: <http://www.state.nj.us/humanservices/ddd/home/>



Who Does DDD Serve?

- ▶ Adults 21 years of age or older
- ▶ Individuals with intellectual and developmental disabilities
- ▶ Individuals who meet Functional Criteria for DDD
- ▶ Residents of New Jersey
- ▶ Individuals who are eligible for Medicaid

Things to Consider While Navigating Ages 14-21

- ▶ Transition Planning- Download our Transition Fact Sheet and Checklist here:
<https://www.thearcfamilyinstitute.org/resources/helpful-guides.html>
- 1. Get to know what your current skills are
- 2. Identify dreams and goals
- 3. Make connections, identify supports, **USE RESOURCES**
- ▶ Research Support Coordination Agencies
- 1. <https://www.state.nj.us/humanservices/ddd/assets/documents/individuals/support-coordination-agencies-list.pdf>
- 2. Podcasts with Agencies:
https://www.thearcfamilyinstitute.org/what_we_do/podcasts.html

Things to Do at Age 18

- ▶ Supplemental Security Income (SSI) eligibility
- ▶ Contact DDD Community Intake Office and request an application or you can download an application at:
<https://www.nj.gov/humanservices/ddd/individuals/applyservices/>
- ▶ Continue to receive services from the school system
- ▶ Continue to receive services from DCF/ PerformCare.
- ▶ ***(PerformCare provides a family centered community to children and young adults ages 5-21, in need of services and supports.)***
- ▶ For more information visit:
<https://www.performcarenj.org/families/disability/determination-eligibility.aspx>

Step 1: Find Out if You're Eligible for DDD Services

- ▶ Individuals must meet the **functional criteria** of having a developmental disability. In general, individuals must document that they have a chronic physical and/or intellectual disability that manifests in the development years, before 22, is lifelong in nature and substantially limits the individual in at least three areas of life activity:
 - ▶ Self-care learning
 - ▶ Mobility
 - ▶ Communication
 - ▶ Self- Direction
 - ▶ Economic Self-Sufficiency
 - ▶ The ability to live independently



Step 2: The Application

- ▶ Apply for Services
- ▶ To determine eligibility for DDD-funded services, please complete the full application.
- ▶ Individuals aged 18 and older who were previously deemed eligible for developmental disability services through the NJ Children's System of Care can complete the SHORT Application for Eligibility.
- ▶ Individuals must be 18 years or older to apply for Division services. Those who meet the functional criteria must also be 21 years of age and Medicaid-eligible before they can begin receiving services from the Division of Developmental Disabilities.



Application Summary

- ▶ Again, there are two applications available to individuals applying for Division services.
- ▶ The full application
 - Applicant is 18 or older and **WAS NOT** previously determined eligible for developmental disability services through DCF-CSOC/PerformCare
- ▶ The short application
 - Applicant is 18 or older and **WAS** previously determined eligible for developmental disability services through DCF-CSOC/PerformCare

What Documentation is Needed for DDD Eligibility?

- ▶ **Medical Documentation of a disability**
- ▶ **Most recent Psychological Evaluation (IQ score)**
- ▶ All available Psychological Reports
- ▶ Most recent Child Study Team or school reports
- ▶ Learning Evaluations
- ▶ Psychiatric Evaluation
- ▶ **Neurological Evaluation**
- ▶ Hospital Records/Discharge Papers
- ▶ Physical Therapy/Occupational Therapy/Speech Therapy Evaluations
- ▶ Legal Documentation of Age, US Citizenship, NJ Residency

- ▶ Photocopy of Birth Certificate
- ▶ Photocopy of Social Security Card or proof of US Citizenship or Green Card

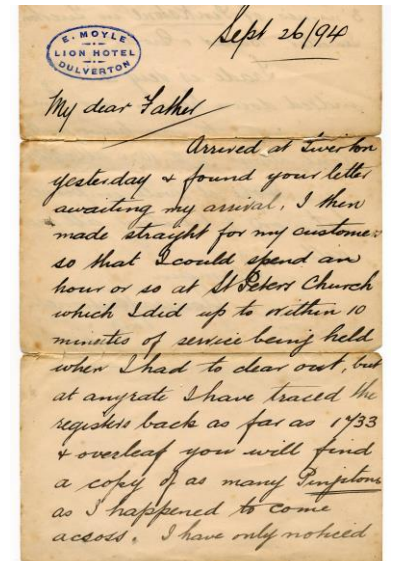
- ▶ **Photocopy of ONE of the following:**

- ▶ Voter Registration Card
- ▶ Pay Stub
- ▶ W2 Form
- ▶ Real Estate Tax Bill
- ▶ If in Military, permanent change of station orders to NJ



Other Necessary Documents:

- ▶ Photocopy of Guardianship papers (If available)
- ▶ Photocopy of Medicaid Card- (or "Non-DAC" letter)
- ▶ SSI Annual Award Letter
- ▶ Letter Certifying Medicaid Eligibility (this could be a "Non- DAC" letter)
- ▶ Division of Vocational Rehabilitation Services (DVRS)- F3 form



The DDD Intake Process

- ▶ Upon request, the intake worker can assist in completing the application.
- ▶ The more documentation provided, the easier it will be to process the application.
- ▶ Formulate a good relationship with your intake worker. Call to check on the status of the application. (typically takes 6-12 weeks to process)
- ▶ Make copies of documents and keep them in a binder. We have two great resources to help with this:
 - Quick Notes: <https://www.thearcfamilyinstitute.org/resources/quick-notes.html>
 - My Binder: <https://www.thearcfamilyinstitute.org/resources/my-binder/>



Eligibility Resources

- ▶ Determination of Eligibility DDD Fact Sheet: <https://bit.ly/3sqAhBT>
- ▶ DDD Determination of Eligibility Division Circular: <https://bit.ly/3thf3YB>



Step 3: Become Medicaid Eligible

To be “Medicaid eligible” means that an individual has applied for and been enrolled in Medicaid and continues to meet the income and financial resources criteria for Medicaid.

An individual applying for DDD services must become Medicaid eligible.

The process to apply for Medicaid may take some time and should start as soon as an individual turns 18.

If an individual receives health insurance through a family member they can remain on that insurance, but must still become Medicaid eligible to receive services through DDD.

- ▶ There are several ways to become Medicaid eligible.
- ▶ If you have any questions about the Medicaid process please reach out to Connor Griffin.
- ▶ Connor is the Director of our Healthcare Advocacy Program. His number is: 732.246.2567 and his email is: cgriffin@arcnj.org



Types of Medicaid for DDD Services

- ▶ There are four main types of Medicaid used for DDD services
 1. **If you are an SSI Recipient**
 2. New Jersey Care
 3. Medicaid Only (supports program and Community Care Program)
 4. New Jersey Workability
- ▶ We have a great Medicaid Fact Sheet to help explain these options in better detail. Visit our website at:

<https://www.thearcfamilyinstitute.org/resources/helpful-guides.html>

Ways to become Medicaid Eligible

- ▶ ***If a person is found eligible for Supplemental Security Income (SSI) they will automatically receive Medicaid as well.***
- ▶ **Aged, Blind, Disabled Program (ABD)** - The Aged, Blind, Disabled (ABD) Programs cover individuals who are age 65 years or older as well as individuals determined by the Social Security Administration or by the Division of Medical Assistance and Health Services (DMAHS) as blind or disabled. It is designed for people whose income and resources are not enough to meet the cost of necessary care and services.
- ▶ **NJ Workability Medicaid** - The NJ WorkAbility Program offers full New Jersey Medicaid health coverage to people with disabilities who are working, and whose earnings would otherwise make them ineligible for Medicaid.
- ▶ **New Jersey Care Special Medicaid Programs (also known as Community Medicaid) - NJ FamilyCare (County Medicaid)** - New Jersey's publicly funded health insurance program - includes CHIP, Medicaid and Medicaid expansion populations. That means qualified New Jersey residents of any age may be eligible for free or low cost health insurance that covers doctor visits, prescriptions, vision, dental care, mental health and substance use services.
- ▶ We have a great Medicaid Fact Sheet to help explain these options in better detail. Visit our website at:
<https://www.thearcfamilyinstitute.org/resources/helpful-guides.html>

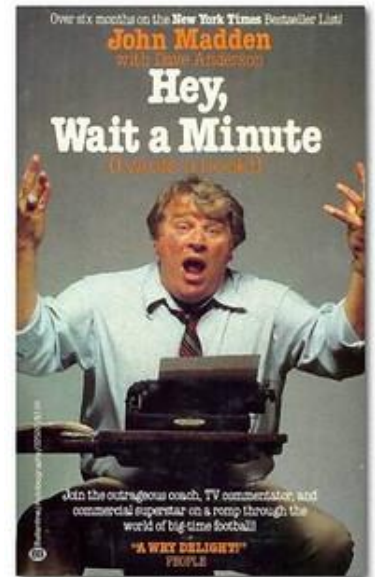


Exception To The Medicaid Rule

There is an exception to the Medicaid requirement, which is applicable to a small number of individuals with I/DD.

A relatively small number of school-age youth with IDD are NOT able to obtain SSI or Medicaid at age 18 because a parent has retired, become disabled, or died before the student was able to apply for SSI.

DDD developed the term "Non- DAC" or now it's called (Supports Program Medicaid Only or Community Care Program Medicaid Only) to describe individuals with IDD who are eligible for an exception to the requirement of having Medicaid before they can receive DDD services.



Medicaid Resources

- ▶ www.ssa.gov/ssi
- ▶ NJ Workability Medicaid:
<https://www.nj.gov/humanservices/dds/programs/njworkability/>
- ▶ NJ FamilyCare: <http://www.njfamilycare.org/default.aspx>
- ▶ What is a “Non-DAC?” Fact Sheet: <https://bit.ly/3acSQUb>
- ▶ SSI and SSDI: What is the difference? <https://bit.ly/3uMxC7g>
- ▶ NJ Aged, Blind, Disabled Programs:
<https://www.nj.gov/humanservices/dmahs/clients/medicaid/abd/>



Step 4: Complete the New Jersey Comprehensive Assessment Tool (NJ CAT)

- ▶ The New Jersey Comprehensive Assessment Tool (NJ CAT) is a mandatory needs-based assessment used by DDD as part of the process of determining an individual's eligibility to receive funded services.
- ▶ A DDD facilitator will conduct a meeting with the individual and his or her guardian. The individual or guardian may invite other family members, service providers and or caregivers to participate in the meeting as well.
- ▶ The facilitator will access the NJCAT online and, as prompted by the screen, will verbally ask each NJCAT question. The facilitator will enter each answer online only after the answer has been agreed upon by all meeting participants.
- ▶ When all questions have been answered, the facilitator will submit the completed NJCAT electronically.



Sample NJ CAT

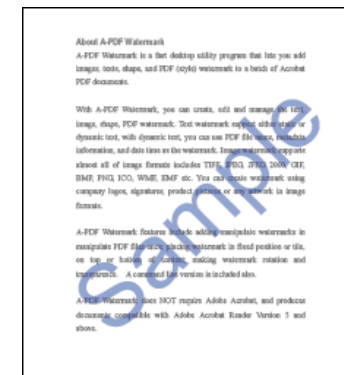
- ▶ A sample NJ CAT in English and sample NJ CAT in Spanish can be viewed and downloaded prior to completing the "live" assessment. The Arc of New Jersey recommends reviewing the questions prior to completing the assessment with the DDD facilitator.

If needed, an advocate from The Arc of New Jersey Family Institute can provide support to a family or individual who may need help completing the NJ CAT.

Contact us:

T: 732. 828.2022

E: lford@arcnj.org



The NJ CAT Assessment has two main components

Functional Criteria Assessment (FCA) and Developmental Disabilities Resource Tool (DDRT).

FCA evaluates an individual's abilities in the following seven areas:

- ▶ Ability to live independently
- ▶ Communication
- ▶ Economic Self Sufficiency
- ▶ Learning
- ▶ Mobility
- ▶ Self-Care
- ▶ Self-Direction



Required Information to Complete the NJ CAT:

- ▶ Individual's name and six-digit DDD ID # (this number can be obtained by contacting your local county DDD intake office)
- ▶ Respondent's name, email address, and phone number – The respondent is the person who completes the assessment. The NJ CAT should be completed by someone who spends a significant amount of time with the individual and is the primary person responsible for assisting with the individual's daily support needs.

To request a copy of the completed NJ CAT, contact your **Support Coordinator**, Case Manager or DDD Intake Worker.

Results from the NJ CAT establish the tier to which an individual is assigned. The tier is associated with a corresponding individualized budget.



Tier and Acuity Factor

Results of the NJ CAT are calculated and summarized into a score based on:

- ▶ Self Care
- ▶ Behavior
- ▶ Medical

This resulting score established a tier in which each individual has been assigned based on support needs. The tier is used to determine the individuals budget amount. There are five tiers: A B C D E (in rare cases there is an F tier)

An acuity factor will be added to the tier for individuals with high clinical support needs based on medical/and or behavioral concerns.

The acuity based tiers include: Aa Ba Ca Da Ea Fa

NJ CAT Submission

► ***Please Remember.***

Once the assessment is submitted, you cannot go back and make changes. If there is a change in circumstance for the person and a new NJ CAT needs to be completed, talk to the support coordinator about how to update the NJ CAT.



Request a Reassessment

- ▶ An individual may experience changes in his/her self-care, behavior, or medical needs that result in the need for a NJ CAT reassessment.
- ▶ The process for submitting a request to be reassessed is as follows:
- ▶ The individual requests a copy of the most recently completed NJ CAT from his/her Support Coordinator
- ▶ The individual reviews the NJ CAT and notes any changes directly on the assessment
- ▶ The individual completes the “Request for Reassessment Form” found on the Division’s website. (see below)
- ▶ The individual submits the completed “Request for Reassessment Form,” NJ CAT changes....



NJ CAT Reassessment Continued...

Submit all supporting documents to the assessment request email address at :

DDD.DDPIAssessmentRequests@dhs.state.nj.us

OR mail the documents to:

Department of Human Services Division of Developmental Disabilities

P.O. Box 726 Trenton,

NJ 08625-0726

Attention: NJ CAT Reassessment Unit 5.

- ▶ The Division designee assigned to the mailbox will gather information about the changes that has led to the request and reach out to the designated “informant” within 3 business days from the initial contact.
- ▶ The Division designee will submit the gathered information to the Division’s Intake Director or designee for review to determine if a reassessment will be conducted.
- ▶ Talk to your Support Coordinator

NJ CAT Resources

- ▶ The New Jersey Comprehensive Assessment tool (NJ CAT): A Guide for Caregivers: <https://bit.ly/3mOqyUS>
- ▶ Checklist for the New Jersey Comprehensive Assessment Tool (NJCAT) Checklist: <https://bit.ly/3djatmX>
- ▶ Disability Rights New Jersey's Bulletin On - The NJCAT: Reassessments and Your Rights: <https://bit.ly/3tofHDB>
- ▶ How to appeal a decision: <https://www.thearcfamilyinstitute.org/resources/appeals-process-landing-page.html>
- ▶ Download the draft here: <https://www.nj.gov/humanservices/ddd/assets/documents/sample-njcat-assessment.pdf>



STEP 5: Choose a Support Coordination Agency

What is a Support Coordination Agency?

- ▶ A support coordination agency is a DDD funded service that assists individuals in gaining access to programs and state services.

What is a Support Coordinator?

- ▶ Support Coordinators play an important role in the lives of individuals with intellectual and developmental disabilities and their families. They are professionals who help identify supports and individual needs, help the individual plan for the life he/she wants, and connects the individual to services that will help him/her achieve a quality life in the community.



Choosing a Support Coordination Agency

- ▶ Once an individual becomes eligible for DDD services, the individual may choose a Support Coordination Agency to work with or DDD will auto assign an agency to the individual looking for support.
- ▶ **If you are auto assigned but unhappy with the assignment, you may fill out a new selection form and choose a different agency.**
- ▶ You will be assigned to a Support Coordinator



Once Assigned to a Support Coordinator

3 days

- You will get a call from your Support Coordinator

10 days

- You will meet with your support coordinator
- Complete the PCPT

30 days

- Complete the ISP
- Services can begin once the ISP is approved

Steps in the Service Planning Process

Discovery

- PCPT is completed
- Identify hopes, dreams, goals
- Gather information to develop ISP

Planning

- ISP is completed
- Identify outcomes
- Identify services
- Identify providers
- Budgeting for services

Living

- Home
- Job
- Health
- Recreation
- Friends and family

Support Coordination Monitoring Tool

- ▶ Identifying information
- ▶ Outstanding issues
- ▶ Medicaid eligibility status
- ▶ Budget and assessment
- ▶ Service Plan
- ▶ Provider satisfaction
- ▶ Behavior
- ▶ Community involvement
- ▶ Friendships and social interactions
- ▶ Choice and decision-making

- ▶ Employment
- ▶ Communication
- ▶ Health and Safety
- ▶ Incident Reports
- ▶ Quarterly Face-to-Face review

**These are reviewed every month by the
Support Coordinator**

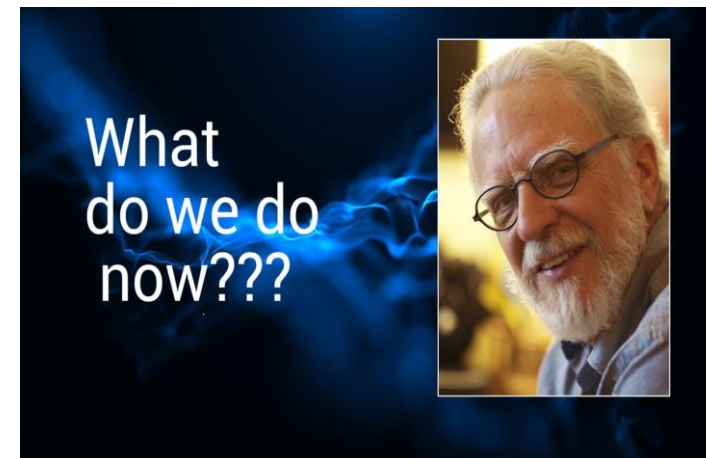
Timeline For Individuals Graduating From School

- ▶ In the month of **March** before an individual graduates from high school, families and guardians should complete the Support Coordination Agency (SCA) Selection Form.
- ▶ This form will be provided through the intake unit within DDD's Community Office or you can find it in our Support Coordination Go Bag:
 - <https://www.thearcfamilyinstitute.org/resources/support-coordination-go-bag.html>



What Do We Do From April to June?

- ▶ In the months from **April to June** a service plan is developed. The Support Coordinator will be responsible for writing the Individualized Service Plan, (ISP) with guidance from the planning team which includes the:
 - ▶ Individual
 - ▶ Support Coordinator
 - ▶ Family
 - ▶ Providers



What is an Individualized Service Plan?

- ▶ It is a requirement that each person who has been determined eligible to receive services from the Division must have an Individualized Service Plan (ISP).
- ▶ This plan is developed based on assessed needs identified through the:
 - ▶ NJ Comprehensive Assessment Tool (NJ CAT)
 - ▶ The Person-Centered Planning Tool (PCPT)
 - ▶ and additional documents as needed

The plan identifies the individual's outcomes and describes the services needed to assist the individual in attaining the outcomes identified in the plan.

An approved ISP authorizes the provision of safe, secure, and dependable support and assistance in areas that are necessary for the individual to achieve full social inclusion, independence, and personal and economic well-being.

- ▶ Blank Individualized Service Plan (ISP): <https://bit.ly/3gc1vKc>

When Should the Individualized Service Plan be Completed?

- ▶ The ISP should be completed and approved prior to exiting the school system in order for services and supports to be available upon graduation. Please remember you can always change agencies but because the rate for Support Coordination services are determined monthly, an individual must commit to a calendar month of services from an agency before they make a change.
- ▶ Please Note: If an individual is over 21 and found eligible for DDD services, he or she can fill out the Support Coordination Selection form immediately after completing the NJ CAT assessment.



What is a Person Centered Planning Tool?

- ▶ The Person Centered Planning Tool is a document that tells a story about who the individual is, their likes and dislikes, and what their hopes and dreams are for the future. It is an always-evolving document that is used to explore an individuals interests and goals.
- ▶ With this tool the support coordinator will develop, identify, coordinate, monitor, and maintain supports and services for individuals with intellectual disabilities and their families.
- ▶ Here is a blank copy of the PCPT:
<https://www.nj.gov/humanservices/ddd/documents/Documents%20for%20Web/PCPT%203-13-13.pdf>

Support Coordination Resources

- ▶ Support Coordination Agencies List:
<https://www.state.nj.us/humanservices/ddd/assets/documents/individuals/support-coordination-agencies-list.pdf>
- ▶ Understanding the Division of Developmental Disabilities Supports Program: A Guide for Caregivers - Fact Sheet | Checklist : <https://bit.ly/3uTyMhy>
- ▶ Support Coordination Go Bag: <https://bit.ly/2RGAjcx>
- ▶ Selecting a Support Coordination Agency: Making Choices, Becoming Empowered A Guide for Families: <https://bit.ly/3dkFwin>

There are Three Programs

- ▶ Supports Program (SP)
- ▶ Community Care Program (CCP)
- ▶ Managed Long Term Services and Supports (MLTSS)

You can only be in one program at a time.

What is the Supports Program?

- ▶ The Supports Program provides individuals 21 and older, living with their families or in other unlicensed settings needing supports and services.
- ▶ The Supports Program will provide all participants employment/day services and individual/family support services based on their assessed level of need. Individuals and family have the opportunity to choose the support services that will meet their needs with the assistance of a Support Coordinator.
- ▶ Manual: <https://www.nj.gov/humanservices/ddd/documents/supports-program-policy-manual.pdf>

What is the Community Care Program?

- ▶ The Community Care Program (CCP) enables New Jersey to receive a federal match when state funds are used to provide approved services that assist Medicaid beneficiaries live in the community and avoid institutionalization.
- ▶ The CCP provides needed services for adult individuals age 21 and older living with their family or in various other unlicensed settings, or in licensed residential settings.
- ▶ Individuals enrolled in the CCP cannot be simultaneously enrolled in another Home and Community Based Services waiver program—such as Managed Long Term Services and Supports or the DDD Supports Program.
- ▶ Community Care Waiver List Form:
<https://nj.gov/humanservices/ddd/assets/documents/individuals/ccp-waiting-list-request-form.pdf>

Managed Long Term Services and Supports (MLTSS)

- ▶ Managed Long Term Services and Supports (MLTSS) refers to the delivery of long-term services and supports through New Jersey Medicaid's NJ FamilyCare managed care program. MLTSS is designed to expand home and community-based services, promote community inclusion and ensure quality and efficiency.
- ▶ MLTSS uses NJ FamilyCare managed care organizations (also known as HMOs or health plans) to coordinate ALL services. MLTSS provides comprehensive services and supports, whether at home, in an assisted living facility, in community residential services, or in a nursing home.
- ▶ **Individuals require nursing care over and above routine parenting and meets the criteria for skilled nursing care that requires complex skilled nursing interventions 24 hours per day, seven days a week.**

Services Available Through the Supports Program

- ▶ Assistive Technology
- ▶ Behavioral Supports
- ▶ Career Planning
- ▶ Cognitive Rehabilitation
- ▶ Community Based Supports
- ▶ Community Inclusion Services
- ▶ Day Habilitation
- ▶ Environmental Modifications
- ▶ Goods and Services
- ▶ Supports Brokerage
- ▶ Community Inclusion Services
- ▶ Interpreter Services
- ▶ Natural Supports Training
- ▶ OT, PT, Speech Language and Hearing Therapy
- ▶ Personal Emergency Response System (PERS)
- ▶ Prevocational Training
- ▶ Respite
- ▶ Support Coordination*
- ▶ Supported Employment
- ▶ Transportation
- ▶ Vehicle Modification

We Have a Fact Sheet For Each Service Through DDD

For more information about each DDD service visit:

<https://www.thearcfamilyinstitute.org/resources/helpful-guides.html>

TRANSPORTATION THROUGH THE DIVISION OF DEVELOPMENTAL DISABILITIES (DDD)

This service is offered to enable individuals to gain access to services, activities and resources, as specified by the Service Plan. This service is offered in addition to medical transportation services.



TRANSPORTATION OPTIONS

Transportation services can be provided by Medicaid/DDD approved transportation providers, generic transportation services/vendors used by the general public, and Self-Directed Employees.



TRAVEL TRAINING

- The New Jersey Travel Independence Program (NJ TIP) teaches individuals with disabilities and older adults how to use public transportation safely and independently.
- NJ TIP customers learn how to read bus and train schedules, plan their trips, pay their fares and take safety precautions.
- The only cost to customers during training is paying their own fares. Each graduate receives a free one-month bus pass.
- Training is offered in English and Spanish through one-on-one instruction, individual concierge and trip-planning services, small and large group instructions, and in-school instruction.
- For more information about travel training visit: <https://vtc.rutgers.edu/njt看ip/>

RATES

Multiple Passenger Rate- \$0.74 per passenger when provider is transporting more than one individual.
Single Passenger Rate- Due to the reasonable and customary rate, requests for this service must be submitted to DDD for review and approval prior to their use.

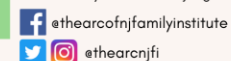
DOCUMENTATION

The need for Transportation will be identified through the NJ CAT and the person centered planning process documented in the Person Centered Planning Tool (PCPT). Once this is identified, an outcome related to the results expected through the use of Transportation will be included in the Individual Service Plan (ISP)



INDIVIDUALS ENROLLED IN THE SUPPORTS PROGRAM OR COMMUNITY CARE PROGRAM CAN ACCESS TRANSPORTATION

The Arc of New Jersey
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732.828.2022
thefamilyinstitute@arcnj.org



LIMITATIONS

- Reimbursement for transportation is limited to distances not to exceed 150 miles one way and **cannot** be used for services where transportation is built into the rate.

Examples: Individuals Supports/ Daily rate and/or Day Habilitation within assigned catchment area.

BUMP UP



- ▶ If an individual experiences changes in life circumstances that result in a need for additional temporary services that are more than his/her individual budget, a short term increase in the budget, known as a bump-up may be available.
- ▶ The bump-up is capped at 5,000 per individual, effective for one year and can only be provided every three years.
- ▶ Process for submitting a request:
 - ▶ The individual's Support Coordinator can help with this.
 - ▶ The individual/family contacts DDD's Statewide Intake Worker
 - ▶ The Statewide Intake Coordinator will review the information requested and provided and make a decision
 - ▶ The Statewide Intake Coordinator will provide the individual/family with the determination within 3 business days of the initial request.

Limited Circumstances Where a Person Ages 18-21 May Receive DDD Services

- ▶ If a young adult 18-21 with IDD graduates before turning 21 years of age, they may be eligible for DDD services under limited circumstances.

If eligible, individuals may enroll in Division services starting at age 18 to:

- ▶ Support immediate enrollment at a higher education institution or trade school that is not funded by DDD.
- ▶ Support competitive integrated employment that has already been established.

If these options apply to you, contact a DDD representative for **Options Counseling** at least six months before anticipated graduation to make sure the individual is eligible for DDD services.

**** Please remember that you should optimize and exhaust all resources provided by your child's school district before transferring to DDD. DDD services are less comprehensive than those provided by a student's school district.****

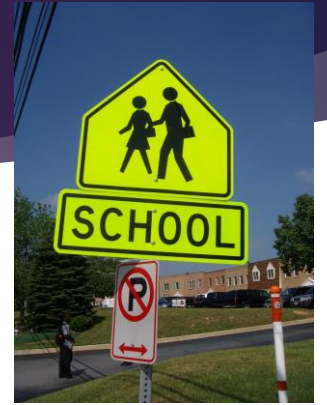
Accessing DDD Services When 21 and Still in School

Once an individual with I/DD reaches his or her 21st birthday, services being provided by PerformCare are no longer available.

But.....

A 21 year old individual with IDD who meets the following criteria can continue with *certain services such as: respite, summer camp, behavioral supports from DDD prior to leaving school:*

- ▶ *The individual has turned 21*
- ▶ *The Individual is still receiving special education and related services through his/her local school district*
- ▶ *The individual has been determined eligible for services by DDD (including the completing of the NJ CAT assessment and Medicaid eligibility)*
- ▶ *Accessing Services Fact Sheet: <https://bit.ly/3e2UKrv>*



General Resources



- ▶ Support Coordination Resource Page

<http://rwjms.Rutgers.edu/boggscenter/projects/njisp.html>

- ▶ Person Centered Planning/Thinking

www.inclusion.com

www.learningcommunity.us

www.capacityworks2.com

- ▶ The Boggs Center on Developmental Disabilities

http://rwjms.Rutgers.edu/boggscenter/training/person_centered.html

- ▶ The Arc of New Jersey Family Institute

www.thearcfamilyinstitute.org

- ▶ Caregiver Resources: <https://www.thearcfamilyinstitute.org/resources/family-caregiver-resources.html>

- ▶ Facebook Groups: <https://www.thearcfamilyinstitute.org/resources/facebook-support-groups.html>

Ask me A Question!

