# **A ROADMAP TO YOUR COUNTY RESOURCES**

## **ALL AGES**

#### The Arc of New Jersey Family Institute

www.thearcfamilyinstitute.org Lisa Ford - (732) 828-2022

The Arc of Ocean County

#### www.arcocean.org

Lauren Sarno, Assistant Director **Residential Services & Family Support** 

Lauren.Sarno@arcocean.org

732-363-3335, ext. 3146

#### **Health Care Advocacy**

https://bit.ly/healthcare-advocacy

**Connor Griffin** 

cgriffin@arcnj.org (732) 246-2567

**Special Olympics New Jersey** 

www.sonj.org (609) 896-8000

## **OVER 18**

**Division of Vocational and** Rehabilitation Services (DVRS) https://bit.ly/3sscVyB **DVRS Field Office of Ocean** County 732-505-2310

#### PerformCare

State services for children with intellectual and developmental disabilities under 21. Call 24/7 www.performcarenj.org 1-877-652-7624

#### **Ocean County Family Support Organization (FSO)**

FSO's provide peer support, education, advocacy and other services to family members of children with emotional and behavioral needs, substance abuse issues and/or developmental disabilities. http://www.oceanfso.org/ (732) 569-6334

#### **Planning For Adult Life**

www.planningforadultlife.org helpdesk@planningforadultlife.org (732) 828-0972

Learnina Resource Centers (LRC) The LRC staff provides regional inservice workshops, training institutes, statewide conferences, consultations, LRC orientations, and technical assistance to educators and parents of students with disabilities. https://lrccentral.goalexandria.com/ https://www.nj.gov/education/Irc/directi ons/central/ (609) 376-3955

THE ARC OF OCEAN

Email: Irccent@doe.nj.gov

**Division of Developmental Disabilities** (DDD)

**OVER 21** 

State services for adults with intellectual and developmental disabilities over 21. bit.ly/dddnj **DDD Ocean Community Services Office** (732) 863-4500

## **UNDER 21**

#### **Special Child Health** Services (SCHS) Of **Ocean County**

SCHS Case Managers provide free case management services to youth under 21 with complex, long-term medical and developmental disabilities.

#### bit.ly/schscasemanagers

Kathryn Hohner McGarrigle, Unit Coordinator Email: kmcgarrigle@ochd.org Phone: 732-806-3931

### **Office of Special Education** www.nj.gov/education/special

ed/.(609)376-9060

