

FIVE FAST FACTS FOR FRIDAY

5 Services The Family Institute Offers



- **Individual Advocacy:** directs families to appropriate resources and provides assistance with navigating the service-delivery system. We offer one-on-one support and make sure families have the necessary tools they need to advocate for themselves.
- **Caregiver & Professional Workshops:** The Arc of New Jersey Family Institute provides FREE presentations for families and professional staff looking to learn more about developmental disabilities and available supports and services.
- **Podcast Series:** We offer a variety of podcast series to help families and professionals navigate the system.
- **Go Bags:** A Go Bag is a simple collection of necessary resources about a specific topic. The topics will vary but the message is the same. Be Prepared!
- **Extended Family as Caregivers Resources:** Grandparents and extended family caring for a loved one with intellectual and developmental (I/DD) represents a growing trend. Many of the resources on our website apply to both parent and non-parent caregivers. However, grandparents and extended family may require additional resources to support their role as the primary caregiver.