

# Putting A Spotlight On...

## Unverricht-Lundborg Disease

### What is Unverricht-Lundborg Disease?

- Unverricht-Lundborg Disease is classified as a type of progressive myoclonus epilepsy. People with this disorder experience episodes of involuntary muscle jerking or twitching (myoclonus) that increase in frequency and severity over time.

### What are the signs/symptoms?

- Symptoms include:
  - problems with balance and coordination (ataxia)
  - involuntary rhythmic shaking called intention tremor because it worsens during movement
  - difficulty speaking (dysarthria)
  - depression
  - slow, mild decline in intellectual functioning

### What is Unverricht-Lundborg Disease a result of?

- Unverricht-Lundborg Disease is inherited genetically. The genetic cause is due to a mutation in a gene called the CSTB gene.

### What are the complications of Unverricht-Lundborg Disease?

- difficulty learning
- injury

### References:

- [Medline Plus](#)
- [Medline https://medlineplus.gov/ency/article/000694.htm](https://medlineplus.gov/ency/article/000694.htm)Plus: Epilepsy\_

