

CIP

College Internship Program



www.cipworldwide.org

In their own words...

“CIP arose out of need in 1984 and challenged society’s norms of what people with learning differences can achieve.”



– Dr. Michael McManmon
CIP Founder, Psychologist, Educator



In their own words...

“The first program to successfully transition young adults from a deficit-based to an abilities-based model of autism and related conditions.”



– Dr. Stephen Shore
Professor, Author, International Speaker

About CIP

- 5 *Centers of Excellence* nationally
- Comprehensive & individualized transition programs
- A team of staff dedicated to each student's success
- Students come from all over the US and abroad

Our Beliefs

- It is a learning *difference*, not a *disability*
- *Interdependence*, not *independence*
- What makes people different is often a source of strength

Our Beliefs

The needs of autistics, people with Autism/LD:

- Regular positive participatory experiences
- To learn specific tools and strategies to compensate for challenges and leverage their strengths
- To be their genuine selves

Our Students

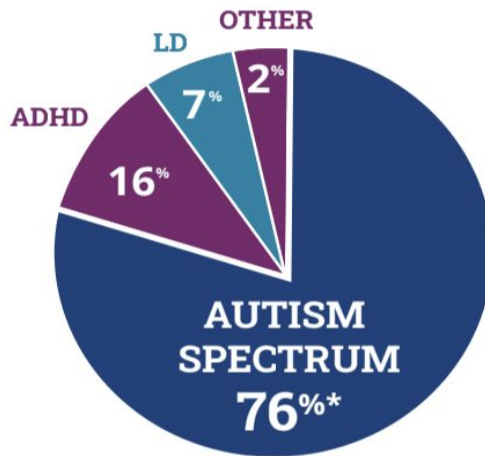
- Ages 18-26
- Diagnosis of autism spectrum, ADHD and other learning differences
- FSIQ (full scale IQ) 80+
- High level of motivation
- Potential to live and attend program independently
- Emotional, behavioral, psychological stability



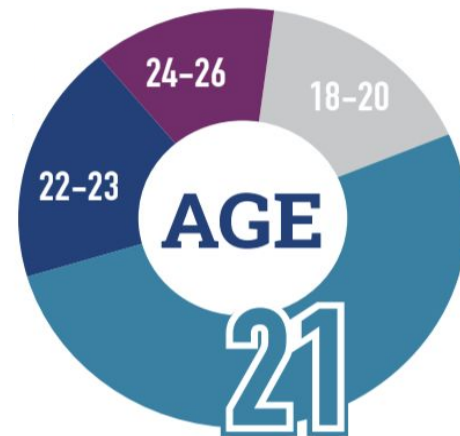
CIP Students



Primary Diagnosis: Autism



Average Age



Previous Educational Setting



Continuum of Growth



Continuum of Growth



Identifying your character, feelings, motives, and desires

Knowing yourself, your actions and reactions

Finding satisfaction or happiness with oneself

Representing your own views or interests

Revealing information about oneself

Freedom of choice, free will, without external control

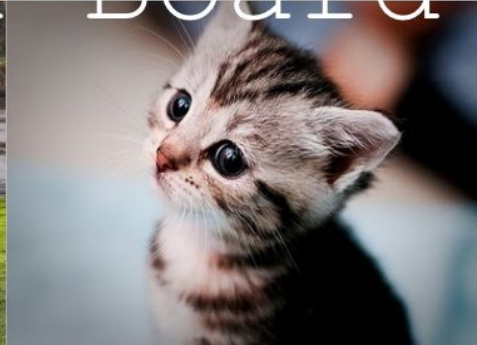
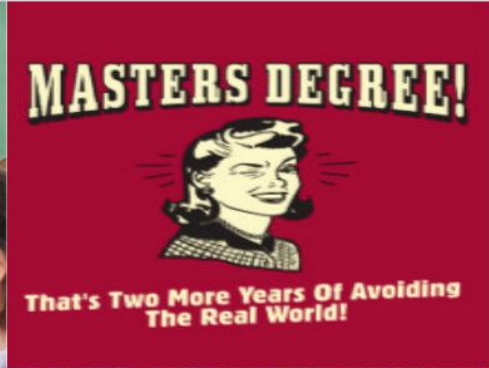
CIP's Approach

Person-Centered
Approach

Active Learning &
Community Integration

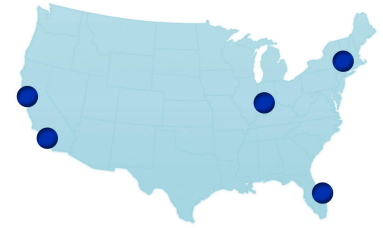
Team-Based
Approach

Comprehensive Transition
Services



CIP Full-Year Program

- Centers providing comprehensive college, career, and independent living services and supports specifically for young adults with autism and learning differences
- 5 CIP Center locations: MA, FL, IN, CA x2
- 120 staff members / 190 enrolled students
- Private pay and some state funding
- Minimum 1-year (average student length of stay is 2-3 years)



College



Employment



Independent Living



Social Skills



Health & Wellness



Creative Arts



Executive Function



Advising

CIP Full-Year Program

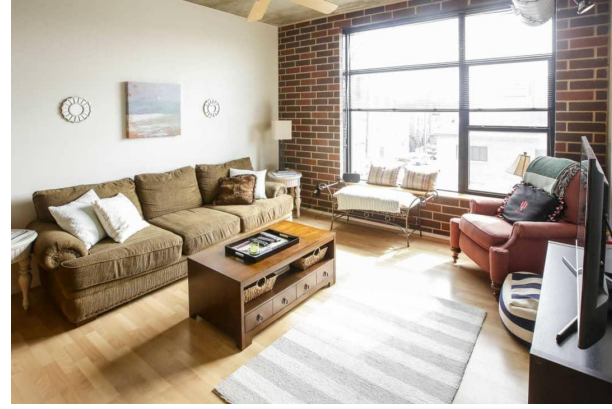
- Residential supported apartment living prepares students for independent living
- Choose to pursue a college academic track or a more focused career development track (C-STEP)
- A team of staff is dedicated to each student's personal success
- Students receive unparalleled support in the areas they will benefit from the most



CIP Full-Year Program

- 43 weeks of CIP programming annually
- College track students on average take 2-3 courses at once
- 100% internship goal annually and 20 hours of community service





CIP Services & Supports

Unique services and curriculum individualized for each young adult's needs in the following areas:



Advising

Facilitating each student's path toward independence by fostering communication, establishing goals, and monitoring progress

- Oversees young adult's progress
- Weekly goal-setting and self-assessments
- Banking & budgeting support
- Person-Centered Planning (PCP)
- Liaisons with parents/guardians



Life Skills & Apartment Living

Independent living skills are the building blocks of a productive life

- Laundry, cleaning, organizing
- Menu planning, grocery shopping, cooking instruction
- Weekly roommate meetings
- Weekly themed potluck dinners and social activities
- Emergency preparedness



Academic Supports

Building the knowledge, skills, and confidence to successfully pursue fields of study that are both challenging and attainable

- Variety of college/university options available
- Assistance with enrollment and accommodations
- Liaison with college faculty
- Academic coaching and study halls



Career Development

Developing pathways toward employment and self-sufficiency by building a portfolio of quality employment experiences

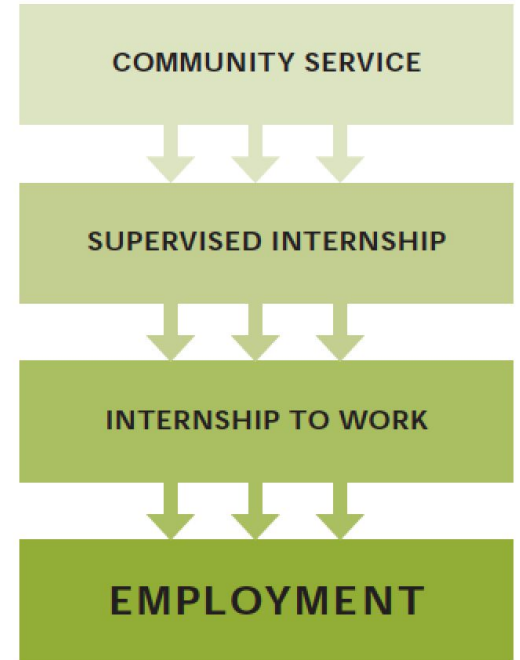
- Our goal: 100% internship rate
- Coordination of education and employment goals
- Community service



C-STEP (Career Skills Training & Employment Program)

Challenging, informative, and focused on personal and professional success

- More extensive career services for those not pursuing a college academic track. Examples include:
 - Soft Skills in the Workplace
 - Life and Career Management
 - Critical Thinking in the Workplace
 - Job Coaching



Social Competency Support

Instilling inspiration, confidence, and support so students can build valuable and meaningful relationships

- Group social skills using PEERS[®] Young Adult curriculum
- Individual social coaching
- Social mentoring
- Structured weekend activities
- Global Engagement: Annual winter break trips abroad



Executive Functions

**Essential skills required for all aspects of life;
EF strategies and support is integrated across CIP**

- Specialized EF modules
 - EF101 - understanding and assessing one's own needs
 - Academic EF modules
 - Focused 1:1 support within the apartment



Health & Wellness

Accessing greater levels of health and well-being through fitness, nutrition, and stress resilience

- Individual & group wellness appointments
- Active teaching and support for nutrition and diet
- Exercise and physical fitness plans
- Mindfulness and other stress management techniques



Clinical Services

Facilitating improved mental and emotional well-being through advocacy, education, and treatment

- Licensed Staff Clinicians
- Individual Cognitive Behavior Therapy (CBT)
- Group therapy using evidence-based methods
- Strategies to support emotional and physical well-being ongoing
- Medication support



Creative Arts

CIP students can embrace and develop their performing and visual arts talents

- Creative Arts Classes
- Performing Arts Clubs
- National Student Art Contest
- Other project-based activities



Program Outcomes

- Our families rated us an average of a **9/10** on Overall Staff Quality and Likeliness to Refer CIP to a Friend for the last 4 years in a row
- Fall 2022 Term Outcomes
 - 90% average student attendance rate
 - 17 colleges attended, 696 credits earned, 3.3 cumulative GPA
 - Bachelor of Applied Science, Bachelor of Liberal Studies, Business Digital Literacy, Certificate Associates of Liberal Arts
 - Over 1020 community service hours, 24% paid employment
 - 527 coordinated social activities

Graduate Living Community (GLC)

Integrated transition programming supporting young adults to advance to the next level of independence after CIP

- For CIP Full-Year Program graduates
- Retain key services to help facilitate success
- Emphasis on community integration and social connectedness
- 24/7 on-call emergency support

SUMMER@CIP

Experience independence and get a taste of college life

- Two-week summer programs on highly-rated college campuses across the US
- For rising high school sophomores up to recent high school graduates
- Space is limited: approximately 15 - 30 participants in each program

www.cipsummer.com



SUMMER@CIP

WHERE WE'VE COME FROM

49 U.S. STATES
39 COUNTRIES

SINCE 2009

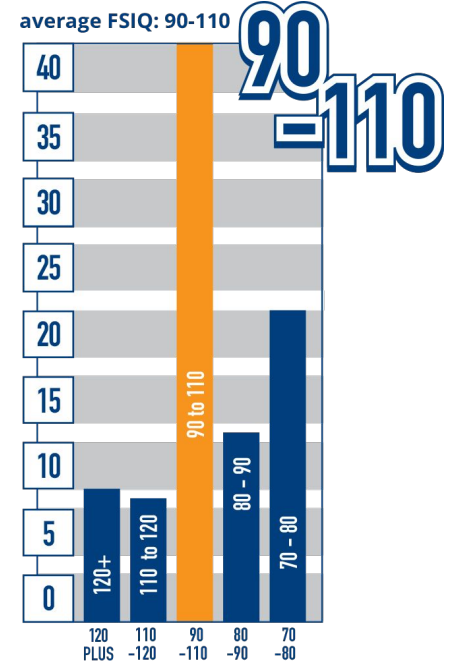
30+
FUN SOCIAL
ACTIVITIES
PER PROGRAM



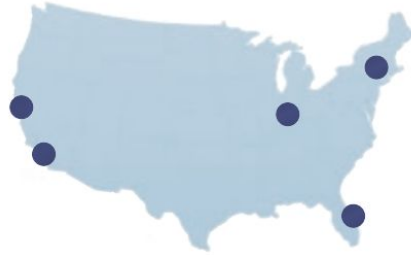
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PARENT SATISFACTION
& STAFF QUALITY
RATINGS

average age: 17



CIP



Lee, MA
Melbourne, FL
Bloomington, IN
Berkeley, CA
Long Beach, CA



cipworldwide.org

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