

DDD NATURAL SUPPORTS TRAINING

Natural supports are the people that individuals with disabilities and their families develop relationships with throughout their lives who provide care, supervision, and support without compensation. Natural supports can play an important role in helping an individual remain in their home and live more independently.



ABOUT THE SERVICE

This service delivers training and counseling for uncompensated caregivers who provide support, supervision, and companionship to someone who is enrolled with the Division of Developmental Disabilities (DDD). Training and counseling must be aimed at assisting the specific needs of the DDD participant, as outlined in their Individual Service Plan (ISP). It includes instruction on the use of assistive technology utilized by the participant and information about treatment regimens and safety standards.

WHO ARE NATURAL SUPPORTS?

- Parents
- Siblings
- Spouses
- Extended Family
- Friends
- Community Members
- Neighbors
- Coworkers
- Guardians

DOCUMENTATION

All completed trainings must be documented through certificates of attendance, sign-in sheets, or confirmation notices from the provider agency.

All documentation must include:

- Names of the training providers
- Dates of trainings
- Start/End times
- Number of service units delivered
 - Service units for Natural Supports Training are 15 minutes each.

INDIVIDUALS ENROLLED IN THE SUPPORTS PROGRAM OR COMMUNITY CARE PROGRAM CAN ACCESS NATURAL SUPPORTS TRAINING

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EXAMPLES OF NATURAL SUPPORTS TRAINING

Natural Supports Training includes training or counseling for:

- Use of assistive technology devices
- Dietary restrictions and eating techniques
- Ambulation assistance
- Hoyer and chair lifts
- Behavior plans
- Therapy activities such as OT and PT
- Diabetes management

This list is not inclusive of all available services. Contact your Support Coordinator for a full list of options.

LIMITATIONS

- May only be provided for a maximum of two caregivers.
- Cannot be utilized to train paid staff or caregivers.
- Training cannot be provided for services that are not included in the individual's ISP.
- Agencies providing training must be certified by the Center for Medicare and Medicaid Services or hold the appropriate accreditation.