

COMMUNITY BASED SUPPORTS



Community Based Supports provides direct support and assistance for participants, with or without a caregiver present, in or out of the individual's residence, to achieve and maintain the outcomes of increased independence, productivity, enhanced family functioning, and inclusion in the community.

Examples of Community Based Supports

- Support from staff to enable an individual to attend an event or take a class.

Support from staff to assist an individual participating in activities such as:

- Assistance with daily living skills
- Ordering off a menu
- Purchasing items
- Learning basic cooking skills
- Laundry skills
- Etiquette
- Travel training
- Accessing activities in the community

Community Based Supports and Job Site Assistance

- Community Based Supports can help with job site assistance in :
 - basic self-care
 - social skills
 - activities of daily living

****Community Based Supports can be used in addition to but cannot replace Supported Employment Services (such as job coaching).**

Why Community Based Supports?

People with intellectual and developmental disabilities (IDD) often need community-based supports to support their need to live as independently as possible.

This includes support with daily living skills, such as:

- Getting dressed
- Taking medication
- Preparing meals
- Job coaching
- Residential supports
- Managing money



Service Limits and DDD

Self-Directed employees providing Community Based Support Services may be members of a participant's family except provided that the family member has met the same standards as providers who are unrelated to the individual.

For more information about Community Based Supports visit: bit.ly/3WeiTQN