



# What's on your dashboard?

## A Roadmap to YOUR county resources Essex County

### **ALL AGES**

#### **The Arc of New Jersey Family Institute**

[www.thearcfamilyinstitute.org](http://www.thearcfamilyinstitute.org)

Lisa Ford - (732) 828-2022

Cheryl Crick - (732) 246-2526

#### **The Arc of Essex**

[www.arcessex.org](http://www.arcessex.org)

Laurie Best, Family Support Staff

[lbest@arcessex.org](mailto:lbest@arcessex.org)

(973) 535-1181

#### **Mainstreaming Medical Care**

[www.mainstreamingmedicalcare.org](http://www.mainstreamingmedicalcare.org)

Beverly Roberts

[broberts@arcnj.org](mailto:broberts@arcnj.org)

(732) 246-2567

#### **Special Olympics of New Jersey**

[www.sonj.org](http://www.sonj.org)

(973) 227-2354

### **UNDER 21**

#### **PerformCare**

State services for children with intellectual and developmental disabilities under 21. Call 24/7

[www.performcarenj.org](http://www.performcarenj.org)

(877) 652-7624

#### **Family Support Organization of Essex County (FSO)**

FSO's provide peer support, education, advocacy and other services to family members of children with emotional and behavioral needs, substance abuse issues and/or developmental disabilities.

[www.fsoec.org](http://www.fsoec.org)

(973) 395-1441

#### **Planning For Adult Life**

[www.planningforadulthood.org](http://www.planningforadulthood.org)

[helpdesk@planningforadulthood.org](mailto:helpdesk@planningforadulthood.org)

(732) 828-0972

#### **Special Child Health Services (SCHS) Of Essex County**

SCHS Case Managers provide free case management services to youth under 21 with complex, long-term medical and developmental disabilities.

[www.nj.gov/health/fhs/sch/sccase.shtml](http://www.nj.gov/health/fhs/sch/sccase.shtml)

Ana Jimenez-Quinones, Unit Coordinator

[Aquinones.essexschs@gmail.com](mailto:Aquinones.essexschs@gmail.com)

(973) 395-8836

#### **Office of Special Education**

[www.nj.gov/education/specialed](http://www.nj.gov/education/specialed)

(609) 292-0147

#### **Learning Resource Centers (LRC)**

The LRC staff provides regional in-service workshops, training institutes, statewide conferences, consultations, LRC orientations, and technical assistance to educators and parents of students with disabilities.

[www.state.nj.us/education/lrc](http://www.state.nj.us/education/lrc)

[lrcnorth@doe.state.nj.us](mailto:lrcnorth@doe.state.nj.us)

(973) 631-6345

### **OVER 18**

#### **Division of Vocational and Rehabilitation Services (DVRS)**

[bit.ly/njdvrs](http://bit.ly/njdvrs)

#### **DVRS Field Office of Essex County**

(973) 648-3494

### **OVER 21**

#### **Division of Developmental Disabilities (DDD)**

State services for adults with intellectual and developmental disabilities over 21.

[bit.ly/dddnj](http://bit.ly/dddnj)

#### **DDD Essex Community Services Office**

(973) 693-5080