

JULY 2022



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 <u>Plan in Advance</u>	2 <u>Try to Replicate the Home Routine</u>	3 <u>Ask about a Certified Autism Travel Professional</u>
4 <u>Learn more about the Air Carrier Access Act</u>	5 <u>Consider a Tour</u>	6 <u>Request a medical statement from your doctor</u>	7 <u>Summer Reading: STARBRITE Traveler</u>	8 <u>How to Prepare for Your Trip</u>	9 <u>While You're Traveling</u>	10 <u>When you Return</u>
11 <u>Tips for Caregivers and Friends</u>	12 <u>Know Your Rights</u>	13 <u>Taking a Service Dog on the Plane</u>	14 <u>Consider a dry run</u>	15 <u>TSA Disability Notification Card</u>	16 <u>Medical Alert IDs for Autism</u>	17 <u>Put together a Sensory Tool Box</u>
18 <u>Listen to a good book on the trip</u>	19 <u>Be My Eyes</u>	20 <u>DAS at Disney World</u>	21 <u>Boarding and Deplaning</u>	22 <u>Taking an Airplane Guide</u>	23 <u>Set Up A Family Watch System!</u>	24 <u>When using public bathrooms</u>
25 <u>Ask questions before planning a tour</u>	26 <u>Use Visual Supports</u>	27 <u>Make a checklist of essential items</u>	28 <u>Be Flexible</u>	29 <u>Rent your wheelchair overseas</u>	30 <u>Pack for a healthy trip</u>	31 <u>Create a Travel Reference Sheet for your next trip</u>

31 tips when traveling with a loved one with IDD

We are heading into the busiest travel time of the year. Traveling can be challenging for everyone, especially for someone with a disability. So, we've put together a list of tips to help make traveling a little easier.