

# COGNITIVE REHABILITATION THROUGH DDD

Cognitive Rehabilitation is a functionally-oriented service of therapeutic cognitive activities, based on an assessment and understanding of the person's brain behavior loss.



## EXAMPLES OF COGNITIVE REHABILITATION SERVICES

- **DIRECT RETRAINING**
- **COMPENSATORY STRATEGIES**
- **COGNITIVE ORTHOTICS AND PROTHESES**

*\* PLEASE NOTE THAT EXAMPLES ARE NOT INCLUSIVE OF EVERYTHING THAT CAN BE FUNDED THROUGH THIS SERVICE*

## SERVICE LIMITS

Frequency and duration of service must be supported by assessment and included in the participant's Service Plan.



## WHAT IS COGNITIVE REHABILITATION THERAPY?

Cognitive rehabilitation therapy (CRT) refers to a group of treatments that help improve a person's ability to think after a brain injury or illness that affects the brain.



## THERE ARE TWO DIFFERENT APPROACHES TO COGNITIVE REHABILITATION (CRT):

### RESTORATIVE CRT

**Restorative** CRT improves cognitive function by reinstating or strengthening the functions a person has either lost or continues to find challenging.

**One example:** a person might perform increasingly difficult memory tests to improve their memory or undergo training to improve their attention span.

### COMPENSATORY CRT

**Compensatory** CRT helps a person work around their injury. Sometimes, this is a temporary strategy, such as when a person uses assistive devices as they build up new skills.

Compensatory CRT can also be a long-term strategy when it is not possible to restore a person's functioning fully.

### EXAMPLES OF COMPENSATORY CRT

- **assistive speech devices for a person with a speech impairment**
- **calendars and memory tools for people who struggle with executive functioning**
- **alarms to regain a person's attention in certain contexts**