

AUGUST 2022



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 <u>Be Organized</u>	2 <u>Keep up with Special Education News</u>	3 <u>Create a Communication Log</u>	4 <u>Review and Know Your Child's IEP</u>	5 <u>Adaptive Materials Needed to Succeed</u>	6 <u>Well -Child Check Up</u>	7 <u>Create a Short Info Sheet About Your Child</u>
8 <u>Get Your Child on a School Schedule</u>	9 <u>Provide Your Child with Good Eating Habits</u>	10 <u>Establish a Communication Checklist</u>	11 <u>Set up a Study Time Schedule</u>	12 <u>Take a Tour</u>	13 <u>Take Pictures of Your Child's School</u>	14 <u>Create a Social Story</u>
15 <u>Relieve Anxieties by Talking About New Classes</u>	16 <u>Read Books About Starting School</u>	17 <u>Make a Transportation Plan</u>	18 <u>Familiarize Students with Lunch Plans</u>	19 <u>Be Positive</u>	20 <u>Stay Involved With Your Child's School Events</u>	21 <u>Have a Count Down to the 1st Day of School</u>
22 <u>Collect Information About Extracurricular Events</u>	23 <u>Don't Get New Outfits Right Away</u>	24 <u>Create a Calendar with Important Dates that are Related to School</u>	25 <u>Highlight Your Child's Strengths to Help with their Self-Esteem</u>	26 <u>See if the Teacher Can Partner Your Child with a Buddy</u>	27 <u>Communicate with Your Child's Teacher(s) and Therapist(s) on a Regular Basis</u>	28 <u>Remind Your Child to Advocate for Themselves</u>
29 <u>Don't Forget to Ask for Help</u>	30 <u>Download our IEP Go Bag</u>	31 <u>Connect with us!</u>				

31 HELPFUL BACK TO SCHOOL TIPS FOR PARENTS OF CHILDREN WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

Are you getting your child ready for the new school year? These tips will help prepare you and your child for an easy transition back to school.

